

LOCAL ORGANISATIONS

MY CHILD ISN'T INTERACTING OR PLAYING WITH OTHER CHILDREN. SHE'S ALWAYS ON HER OWN. WHO SHOULD I TALK TO?

- **Children's Centres -**
http://www.enfield.gov.uk/if/homepage/6/childrens_centres
Hubs located at De Bohun
Hazelbury South, Hazelbury North, Eldon and Raynham
- **Citizen's Advice Bureau**
www.enfieldcab.org.uk
03444889626
- **Enfield National Autistic Society**
www.enfieldnas.org.uk
07903 420016
- **Enfield Parents and Children**
www.enfieldparents.org.uk
020 8373 2700
- **Enfield Carer's Centre**
www.enfieldcarers.org
02083663677
- **Find your nearest GP surgery**
<http://www.nhs.uk/Service-Search/GP/LocationSearch/4>
020 3688 2800 (Clinical Commissioning Group at Holbrook House)
- **Health Community Services (Health Visitors, Specialist Services)**
Cedar House
0208 702 3000
- **Healthwatch Enfield**
www.healthwatchenfield.co.uk
020 8373 6283
- **Informed Families**
www.enfield.gov.uk
- **Our Voice Parent Carer Forum**
www.ourvoiceenfield.org.uk
07516 662315



ARE YOU CONCERNED ABOUT YOUR CHILD'S HEALTH AND DEVELOPMENT?



www.enfield.gov.uk



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If you are worried about your child, don't hold it in; go and talk to someone about your concerns.

Remember, all children develop at a different rate. However, if you feel that something is not quite right, follow your instinct and speak to a professional.

You can talk to:

0 – 5 years

Your Health Visitor. You can find their details in your Health Record (Red Book) or ask your GP. Or you can drop into your local Children's Centre. If your child is at Nursery, feel free to discuss your concerns with them.

5+ years

If your child is older and you think that it is a medical issue, speak to your GP.

If your child is in school speak to a school teacher, school nurse, the SENCO (Special Educational Needs Coordinator) or Inclusion Manager.

If you need further advice and support, please see the list of Local Organisations on the back of this leaflet.

TOP TIPS

Top tips for raising your concerns:

Be prepared

- Write a list of questions and take them with you
- You can take someone with you they can make notes and support you
- Take your Health Record (Red Book), reports from other professionals with you so that the professional can note the meeting and their details
- Remember this is a two way discussion; make sure you get your views across clearly and calmly
- If you feel frustrated that things are going wrong, keep calm and explain why you feel like this
- Don't be afraid to ask questions if you don't understand and keep asking until you do.
- Ask what happens next and what to expect
- Be clear about who you have spoken to and their role. Ask for a contact number if you have further questions
- Take relevant information, e.g. recording clips on your mobile, notes, diary or pictures.

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MY CHILD ISN'T SPEAKING YET UNLIKE OTHERS HER AGE. WHO SHOULD I TALK TO?

MY CHILD GETS REALLY HYSTERICAL WHEN WE DO SOMETHING DIFFERENT OR CHANGE OUR ROUTES OR PLANS. IT DOESN'T FEEL RIGHT. WHO SHOULD I TALK TO?

You can go online to the Local Offer for further information about what services might be available to support you and your child, if they need additional support. <https://new.enfield.gov.uk/services/children-and-education/local-offer/>. You can use the computer at your local library if you do not have internet access.

If you have concerns about any child's safety or suspect that they might be at risk of abuse, please refer to the Enfield Safeguarding Children Board website on: <http://www.enfield.gov.uk/enfieldscb> or speak to any professional.